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"And He found you lost and guided (you)."

(SURAH AD DUHAA: AYAT-7)

Allhamdulillah for atways giving me what I needed instead of what I wanted.

1,78,176 people abroad

(Syria and Bangladesh). It may be recalled that more

than 380 Basic Educational Centers operated by

Baitussalam Welfare

Trust in remote and rural

settlements of the four

provinces and northern

areas of Pakistan played

an important role in the

operational activities of

### NEWS UPDATES >

# Mosque in Russia Makes into Guinness **Books of Records**

The mosque's architecture is Turkish style and it has a minaret and a central dome.

The largest mosque in the city of Norilsk, Russia, is listed in the Guinness Book of Records as the most northerly-situated mosque in the world. The Nord Kamal Mosque was built by businessman Mukhtad Bekmeyev, an ethnic Tatar native of Norilsk, who named it after his father Nuritdin and mother Gaynikamal. The construction work began in 1993 and its doors were representatives of which opened to worshippers in



diaspora lives in Norilsk. Almost a third of Norilsk are Muslims. The main are Azerbaijanis, Tatars, 1998. A very large Muslim Chechens and nationalities There are Russians Page 2

of Dagestan. As well as residents of the countries of Central Asia, such as Kyrgyzstan, Kazakhstan, Uzbekistan and Tajikistan.

# 9-Year-Old Pakistani Girl Breaks Indian Professor's World **Record in Chemistry**

She broke the previous record by 7 seconds.

### OFFICIAL ATTEMPT GUINNESS WOR! " RECORD

Smashing the record of an the world to arrange the Indian professor, a nine- chemical elements of year-old Pakistani girl has the periodic table in the become the youngest in shortest possible time.

enthusiast from Lahore, achieved the Guinness World Records title by arranging the periodic chart in just 2 minutes 42 seconds, breaking the previous record by 7 seconds.

Natalia Najam, the science

## BAIT-US-SALAM UPDATES >

# **BWT Waqf Qurbani** Program Concludes Successfully



The operational activities auspices of Baitussalam Welfare Trust were completed in a very efficient manner. More than 1,200 volunteers home and abroad took people in Pakistan and

part in the mission. A total of the Waqf Collective of 33,518 sacrifices were Sacrifices under the made this year, with a total of 521,185 kg of meat for 4,169,476 people. 4,708 cows were sacrificed and 1,263 goats and ewes were sacrificed. Meat was and staff members from distributed to 3,991,300

Students of Jamia Baitussalam, Talaganag Bring Laurels to the Institute



The students of Jamia secured 10 positions in Baitussalaam, Talagang the Wifaq ul Madaris achievement indeed!

Facts, Events & Beliefs

Ourbani as usual. This year, as in previous years, the citizens of Turkey, through Turkish charities, made contributions towards the waqf sacrifices for the rural areas of Pakistan through Baitussalam, with Page 2

> examinations. Students of Secondary Aama Benin, Alia Awal Benin and

Alia Doum Banat won 4 positions at the federal level and 6 at the provincial level. MashaAllah a great



### YOUR FOOD CAN MAKE SOMEONE HAPPY

for distribution of your excess and left over food in a befitting manner to the needy





**20** OF THE WORST EPIDEMICS IN HISTORY

100



## Joinina Hands Nation-Building Education



Baitussalam Welfare Trust is running various educational institutes all over the country catering to no less than 40,000 students. The education provided includes primary education, O-level, A-level, and religious sciences in urban as well as far-flung rural areas. Moreover, Baitussalam has established schools for Syrian Refugees in Turkey and the border camps.

BECOME A MEMBER NOW

A huge network of schools requires public support which we have on a monthly basis, Alhamdulillahl Now Baitussalam plans to expand its education network which necessitates a widening of its fundraising mechanism. For this purpose, an educational membership campaign, namely limoty Pakistan, is being launched on a national level in which members shall donate Rs.5000 per month for supporting the educational expenses of Baitussalam.

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who have converted to Islam.

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In hardships and calamities, it is natural to get swept away by the affliction of the moment. During such trials of faith, unless we are careful, Satan can inject fear and plant doubts in our hearts and minds.

Our beliefs in such vulnerable states may become overpowered by feelings of the moment. resulting in the dwindling of our faith. Some of us start questioning the fairness and wisdom underlying such divine decisions while others get mired in a blame game. All in all, we may find ourselves lost, helpless, and stalled finding it difficult to gather ourselves and move forward.

For such situations specifically and others in general, Islam teaches us to stay in control by hanging on to the Mercy and Grace of Allah (SWT). We pray that Allah (SWT) keeps us safe from the challenges and trials of life, but as Muslims we should know and understand Quran's message and the Prophet's (SAW) guidance for handling tough moments in life. The following summarizes some of the key guidance related to this matter.

Do not feel helpless

Even when all doors appear to have been closed, as true believers we should never let feelings of helplessness succumb us. Consider the following Hadith of the Prophet (SAW):

It was narrated from Hazrat Abu Hurayrah (RDA) that the Prophet (SAW) said: "The strong believer is better and more beloved to Allah (SWT) than the weak believer, although both are good. Strive to do that which will benefit you and seek the help of Allah, and do not feel helpless. If anything befalls you, do not say 'If only I had done (such and such), the such and such would have happened,' rather say: 'Allah has decreed and what He wills He does. for 'if only' opens the door to the work of the shaitan." (Muslim, 2664). Hazrat Ibn al-Qayyim (RDA) said: This Hadith includes several important principles of faith, including the following: "Do not feel helpless": Feeling helpless is contrary to striving for that which will benefit him, and it is contrary to seeking the help of Allah (SWT). The one who strives for that which will benefit him and seeks the help of Allah (SWT) is the opposite of the one who feels helpless, so this is telling him, before what has been decreed happens, of that which is one of the greatest means of attaining it, which is striving for it whilst seeking the help of the One in Whose hand is

control of all things, from

Whom they come and to good and bad.

As part of that belief,

we should, therefore,

recognize that Allah does

what He wills for reasons

that are only known to

Him. Any attempt to

comprehend the wisdom

of it all using our limited

faculties, or to understand

how our current situation

fits in His overall plan can

only lead us to erroneous

conclusions resulting in

We, as Muslims, should

accept Allah's (SWT)

Decree both as it

manifests itself around

us and in our lives. It

should be a relief to us

that only Allah (SWT) is

the master of our destiny

and we are only going to

be tested about whether

we reacted to what

befalls as true believers

and Mo'mins, i.e. being

patient in adversity and

grateful in prosperity.

Ask for Allah's Mercy

and Grace for an out

from tough situations.

As believers we should

recognize that only

Allah's Grace and Mercy

can deliver us from

challenging situations.

Allah (SWT) tells us in the

Quran: "They after that

you turned away. Had it

not been for the Grace

and Mercy of Allah upon

you, indeed you would

have been among the

losers." (Quran, 2:64)

"Seek the forgiveness of

We know from the Qur'an

that when we remember

increased frustrations.

Whom they will return. If he does not attain what was not decreed for him, then he may feel either of two things: Helplessness, which opens the door to the work of the Satan, so his sense of helplessness leads him to say "if only," but there is nothing good in saying "if only" in this case, rather that opens the door to blame, panic, discontentment, regret and grief, all of which are the work of the Satan.

The Prophet (SAW) forbade us to open the door to his works in this manner, and told us to adopt the second option, which is looking at the divine decree and bearing it in mind, for if it was decreed for him it would never have missed him and no one could have prevented him from attaining it. Hence he said: "If anything befalls you, do not say 'If only I had done (such and such), the such and such would have happened, rather say: 'Allah (SWT) has decreed and what He wills He does,"" and He taught him that which will benefit him in either case, whether he gets what he wanted or not. Hence this hadeeth is one which a person can never do without." (Shifa Al-Aleel, 37-38)

Revive your faith

Another way to ask for As mentioned in the Allah's Grace and Mercy Hadith above, a strong is by asking for His faith can help us to forgiveness and seeking hold our heads high. repentance. Allah tells When faith seems to be us in the Quran: And dwindling, we should get (commanding you): back to Quran and remind ourselves that only Allah your Lord, and turn to (SWT) can let us out of Him in repentance, that our ordeal and problems. He may grant you good You must, therefore, enjoyment, for a term keep that faith and not appointed, and bestow let Satan instill thoughts His abounding Grace to that could weaken your every owner of grace faith. Allah (SWT) says in (i.e. the one who helps the Quran: "If Allah (SWT) and serves needy and helps you, none can

## Facts, Events & Beliefs

In the modern industrial age, new transport links made it easier for influenza viruses to wreak havoc. In just a few months, the disease spanned the globe, killing 1 million people. It took just five weeks for the epidemic to reach peak mortality.

The earliest cases were reported in Russia. The virus spread rapidly throughout St. Petersburg before it quickly made its way throughout Europe and the rest of the world, despite the fact that air travel didn't exist yet.

14. American polio epidemic: 1916

A polio epidemic that started in New York City caused 27,000 cases and 6,000 deaths in the United States. The disease mainly affects children and sometimes leaves survivors with permanent disabilities.

Polio epidemics occurred sporadically in the United States until the Salk vaccine was developed in 1954. As the vaccine became widely available, cases in the United States declined. The last polio case in the United States was reported in 1979. Worldwide vaccination efforts have greatly reduced the disease, although it is not yet completely eradicated. 15. Spanish Flu: 1918-1920

An estimated 500 million people from the South Seas to the North Pole fell victim to Spanish Flu. One-fifth of those died, with some indigenous communities pushed to the brink of extinction. The flu's spread and lethality was enhanced by the cramped conditions of soldiers and poor wartime nutrition that many people were experiencing during World War I.

Despite the name Spanish Flu, the disease likely did not start in Spain. Spain was a neutral nation during the war and did not enforce strict censorship of its press, which could therefore freely publish early accounts of the illness. As a result, people falsely believed the illness was specific to Spain, and the name Spanish Flu stuck.

16. Asian Flu: 1957-1958

The Asian Flu pandemic

#### Mosque in Russia Makes into Guinness Book of Records

the late 20th century. Now, about 64% of the estimated 40 million living with human immunodeficiency virus (HIV) live in sub Saharan Africa. For decades, the disease

had no known cure, but medication developed in the 1990s now allows people with the disease to experience a normal life span with regular treatment. Even more encouraging, two

opie have been cured of HIV as of early 2020. 18. H1N1 Swine Flu pandemic: 2009-2010 The 2009 swine flu pandemic was caused

by a new strain of H1N1 that originated in Mexico in the spring of 2009 before spreading to the rest of the world. In one year, the virus infected as many as 1.4 billion people across the globe and killed between 151,700 and 575,400 people

according to the CDC. The 2009 flu pandemic primarily affected children and young adults, and 80% of the deaths were in people younger than 65, the CDC reported. That was unusual, considering that most strains of flu viruses, including those that cause seasonal flu, cause the highest percentage of deaths in people ages 65 and older. But in the case of the swine flu, older people seemed to have already built up enough immunity to the group of viruses that H1N1 belongs to, so weren't affected as much. A vaccine for the

H1N1 virus that caused the swine flu is now included in the annual flu vaccine. 19. West African Ebola epidemic: 2014-2016 Ebola ravaged West Africa between 2014

and 2016, with 28,600 reported cases and 11,325 deaths. The first case to be reported was in Guinea in December 2013, then the disease quickly spread to Liberia and Sierra Leone. The bulk of the cases and deaths occurred in those three countries. smaller number of cases occurred in Nigeria, Mali, Senegal, the United States and Europe, the Centers for Disease Control and Prevention reported.

There is no cure for Ebola, although efforts at finding a vaccine

who converted to Islam also. It is a Sunni mosque but it also welcomes Shia Muslims and hosts followers of other faiths on some occasions as well. The mosque's architecture is Turkish style and it has a minaret and a central dome. A very large Muslim diaspora lives in Norilsk. Almost a third of Norilsk are Muslims, the main representatives of whom are Azerbaijanis, Tatars, Chechens and nationalities of Dagestan. There are also nationals of the countries of Central Asia, such as Kyrgyzstan, Kazakhstan, Uzbekistan and Tajikistan. Moreover, there are Russians

#### 9-Year-Old Pakistani Girl Breaks Indian Professor's World Record in Chemistry

The title was previously held by Indian economics professor Meenakshi Agarwal who completed the same task in 2 minutes and 49 seconds.

#### BWT Waqf Qurbani Program Concludes Successfully

the Diyanat Foundation donating 14,000, the Turkish Red Crescent (4,900) and the IHH donating for 700 sacrifices. The sacrifice of Turkish Foreign Minister was also offered by the Turkish charity Diyanat Waqfi and organized by Baitussalam Welfare Trust in Karachi on Sunday, August 2. Authority was given to Nr. Talha Ochak who did it. He was present on this occasion. He also visited the Slaughter House and participated in the distribution of sacrificial meat in the poor settlements of Pakistan. The sacrifices made by the philanthropists for the Syrian brothers through Turkish institutions are part of the love and brotherhood that Muslims around the world have for their Muslim brothers and sisters.

The sacrifices were carried out in Karachi and Lahore. Students of Jamia Baitussalam Link Road, and Talagang, worked as volunteers on all 3 days to make this a smooth operation. Other senior volunteers of the Trust were also present on ground to overlook the operations and participated in the distribution too. All put in their hard work only for the sake of Allah (SWT).

All sacrifices made were purely for the ones in needy by people giving their donations for the waqf qurbani program and the meat was distributed amongst the needy all over Pakistan in a timely efficient manner.

May Allah (SWT) accept the efforts of all involved.

## BAIT-US-SALAM UPDATES 🔉 **Onsite Classes Resume at the** Fahmedeen Campuses

per the Government directives, classes have finally resumed onsite at the various Fahmedeen campuses in Karachi. With proper

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Allhamdullilah, as SOPS in place, where students are required to maintain distance, keep a mask on, use sanitizers frequently amongst other regulations,

from Allah (SWT) is also mandated!The following courses are being offered at the Muhaffiz Campus 2 (all for ladies only):

n Karachi. With proper	seeking protection	(all for ladies only):	
Course Name	Days	Timings	
Tajweed & Juzvi Hitz	Monday-Thursday	3:30-5pm	
Seerat e Mustafa (SAW)	Tuesdays	4:30-5:15 pm	
Tafseer with Latzi Tarjuma	Wednesdays	4:30-5:15 pm	
Hodeeth	Thursdays	4:30-5:15 pm	
Guranic Arabic	Fridoys	4:00-5:15 pm	
For registrations call between 2 to 4pm at 0307-2465154 Following 1 year courses are being offered at the DHA Phase-6 Campus:	Tafseer, Hadith, Seerah & Fiqh in Urdu; Translation of the Quran; Quranic Arabic; Arabic as a Language; Dirasaat (2 years program)and Tajweed	<ul> <li>Partial Hifz.</li> <li>Timings will be</li> <li>3-5:30 pm.</li> <li>For details &amp; registrations contact</li> <li>021-35341805</li> </ul>	



Did you ever wish to seek true knowledge to a peaceful life of Islam?

overcome you; and if He forsakes you, who is there after Him that can help you? And in Allah (Alone) let believers put their trust." (Qur'an, 3:160)

Astrong faith can keep you focused on the fact that Stay patient in hard times Allah alone ultimately controls all destinies and One of the best remedies has power over all things. for tough times is to Remembering that fact be patient. It requires alone at the moment of that we do not resort affliction can help you in to complaining, but conquering the pain and remember Allah often. provide you hope and the Remember Allah (SWT) in energy to keep moving ease forward.

Believe in the divine decree

Allah in good times, Allah When facing difficulties, will help us in tough our weak faith can times. We learn that sometimes drive us to lesson from the story of question the fairness of Prophet Yunus (peace be it all. In this context, we upon him) when he was should remind ourselves swallowed by a whale. that believing in Al-Qadr Out of His mercy, Allah (Allah's divine will and decree) is one of the finally relieved him out of that calamity. He pillars of Islamic faith. As tells us in the Qur'an: the Prophet (SAW) said, it means belief in i. Allah "Had he not been of (SWT), ii. His Angels, iii. them who glorify Allah, His revealed Holy Books he would have indeed (Qur'an, Bible, Torah, remained inside its belly Zabur), iv. His.Messengers, (the fish) till the Day of v. Day of Judgment and Resurrection."(Qur'an, Surah As-Saffaat: 143-6. To believe in Al-Qadar (the divine decree) both 144)

deserving, physically and was another global with his wealth, and even showing for influenza. with good words). But if With its roots in China, you turn away, then I fear the disease claimed more than 1 million for you the torment of a lives. The virus that Great Day (i.e. the Day of caused the pandemic Resurrection). (Qur'an, Surah AL-Hud: 3) was a blend of avian flu

viruses.

The Centers for Disease Control and Prevention notes that the disease spread rapidly and was reported in Singapore in February 1957, Hong Kong in April 1957, and the coastal cities of the United States in the summer of 1957. The total death toll was more than 1.1 million worldwide, with 116,000 deaths occurring in the United States.

17. AIDS pandemic and epidemic: 1981-present day AIDS has claimed an

estimated 35 million lives since it was first identified. HIV, which is the virus that causes AIDS, likely developed from a chimpanzee virus that transferred to humans in West Africa in the 1920s. The virus made its way

are ongoing. The first known cases of Ebola occurred in Sudan and the Democratic Republic of Congo in 1976, and the virus may have originated in bats.

20. Zika Virus epidemic: 2015-presentday

The impact of the recent Žika epidemic in South America and Central America won't be known for several years. In the meantime, scientists face a race against time to bring the virus under control. The Zika virus is usually spread through mosquitoes of the Aedes genus, although it can also be sexually transmitted in

humans.

While Zika is usually not harmful to adults or children, it can attack infants who are still in the womb and cause birth defects. The type of mosquitoes that carry Zika flourish best in warm, humid climates, making South America. Central America and parts of the southern United States prime around the world, and areas for the virus to AIDS was a pandemic by flourish.

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