

ΒΛΙΤUSSΛLΛΜ BULLETIN

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Speak only when your words are more beautiful than the silence.

Erase the past with repentance and build the future with sincerity and good deeds.

BAIT-US-SALAM UPDATES Baitussalam Welfare Trust: 6690 mun meat distributed amongst the needy this Eid ul zha

5274 cows, 850 sheeps and 300 goats were sacrificed in yet one of the biggest collective sacrificial program carried out BST this Eid ul Azha. The meat was distributed 63 locations covering Bangladesh, Syria and Pakistan. More than 13 lacs individuals received the sacrificial meat.

16 distribution center each were set up in Punjab, Khyber Pakhtunkhuwa and Sindh, whereas 5 centers in Baluchistan and 7 centers in the Northern areas of Pakistan to facilitate the 104500 in in KPK (209 meat distribution.

In Bangladesh a border location was selected whereas in Syria, 2 facilitation centers were 50 cows were sacrificed Allhamdullilah was well setup.



received meat in Sindh (1598 cows), 223,000 in Punjab (446 cows), 35000 in Baluchistan (70 cows), cows), 100,500 in Northern Areas (201 cows), 51000 in

Syria and 25000 refugees in Bangladesh.

in Baluchistan and 125 267,600 kgs of meat was mun meat was distributed distributed in total! Out amongst the Rohingyan team working round the of this, 799,000 individuals refugees living in camps in clock.



the border areas.

850 sheeps were sacrificed in Syria for the Syrian refugees and 850 families translating to approximately 51000 individuals received meat.

undertaken but managed and organized with the BST volunteers'

NEWS & VIEWS Recurrence of blasphemous cartoons is a failure of Muslim world: PM

Prime Minister Imran Khan said that the recurrence of sacrilegious cartoon competitions is the collective failure of Muslims worldwide.



He made these comments Nations. on the floor of the Senate after the House unanimously passed a resolution condemning the sacrilegious cartoon competition being held in the Netherlands.

Imran Khan said that his They would not back government would raise off from holding the this issue at the United competition as they The PM said that in Page 2

offer clean sheets and air-conditioning

Facts, Events & Beliefs

Amazing

Hajj 'nap pods' being introduced for pilgrims to Saudi Arabia It was a huge task



as the West does not understand our love for the Prophet (SAW)," he

The sleep stations – based on Japan's famous capsule hotels – will

in the coming days, as

an estimated two million

Muslims gather for the six-

day hajj, one of the five

pillars of Islam.

material hurts sentiment. Imran Khan said that the Organization of Islamic Countries (OIC) will have to take a lead on this issue. "The OIC should have formulated a strategy

a long ago to tackle this issue," he said.









said.

our collective sacrifice in **Pakistan in collaboration** with **BST**:

Turkish NGOs carry

Turkish NGOs Diyanet Foundation and The Red Crescent in collaboration with BST also carried out collective sacrifices on behalf of Turkish people in Pakistan for the benefit of the underprivileged here.



1000 cows by Diyanets and 720 cows were sacrificed

distributed in the rural roughly 112,000 individuals by TRC translating to areas of Pakistan. 2480 benefitted under this 3870 mun meat being households, meaning program.

The Baitussalam Youth **Club For Girls : 4 week** challenge towards Creative writing & Public Speaking

The Baitussalam Youth Club for Girls (BYCG) successfully completed, in the end of July, a program specially designed to enhance creative and self-confidence skills in the Muslim girls of today required in order to be truly productive and successful in this world. Yet another course from the series of Deen and Duniya Hand Hand, this special program, which started on the 3rd of July 2018, was held at the Fahmedeen Phase IV Campus. Classes were held twice a week (Tuesdays and Fridays) for one and Speaking respectively.

The Creative Writing, done in collaboration An overwhelming number with Radiance Magazine, of students enrolled aimed to help the students into the course. Group



discover the depths of story creation, and explore their own imagination. The Public Speaking focused half hour (4pm-5:30pm) on building the students' and concentrated on confidence and teaching Creative Writing and Public them the art of body language and effective public speaking.



debates, creative writing techniques and story competitions allowed the attendees to learn and practically implement their new knowledge. The stories submitted were given a chance to be featured in Radiance Magazine. Successful students were given BYCG membership cards Page 2

From brilliantly colored talkative. Some ravens farting thrushes, birds are among the most beautiful and bizarre creatures on Earth. With over 9000 species, our fine feathered friends inhabit almost every inch of the planet. 1.Ravens are great at mimicking human

speech and sounds While ravens in the wild are unlikely to pick up human they can become quite animal.

hummingbirds to are even better than parrots at mimicking human speech, not to mention sounds from the human world like car engines revving or toilets flushing. In the wild, meanwhile, ravens sometimes imitate other animals; mimicking predators like wolves or foxes to attract those to tasty carcasses they're unable to break open on their own.

2. Ostriches have the language, in captivity largest eyes of any land Page 2

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Saudi Arabia plans to The free pods are part of introduce sleep pods, new measures being rolled out this year in a bid to reminiscent of Japan's modernise the centuriesfamed capsule hotels, in old practice of hajj. the western city of Mina

consider it a matter of

freedom of speech, the

"They don't understand

our love for the Prophet

premier said.

The government has also introduced apps for onthe-spot translation and emergency medical care.

A Saudi charity, Page 2

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leen Tissues softer for you....



10 Habits

of Happy





Our spouses actually

personify the mercy of

Allah (SWT) when they

mirror our flaws to us so

we can rise above our

lower selves. They make

us discern our innermost

weaknesses that we

could not have seen for

ourselves, and Allah (SWT)

has blessed us with them

for our own spiritual

purification and salvation.

The next time your spouse

is desperately trying to get

something about yourself

especially if they have

been repeating it for a

3. Ask yourself: "Has

anyone pointed this out

about me before?" The

answer could very likely

4. Realize how merciful

Allah (SWT) is being to

you through your spouse.

Thank Allah (SWT) and

your spouse sincerely for

caring so much about your

success in the hereafter

and making you a better

across to you:

very long time.

Phase IV, D.H.A. Karachi - Pakistan. UAN: 021-111 298 111 | Email: info@baitussalam.pk W W W . B A I T U S S A L A M . P K

"This is who I am and you choice. better get used to it" "I wouldn't have said/ done that if you didn't say/do what you did" "It's all because of you" "Does it look like I care anyway?" And ego sounds very, very familiar.

> This is because the lower self is a covert enemy lurking within each and every one of us.

Why ego is the biggest threat to a marriage is because it is an enemy from within. Ego is like a carefully and objectively, deceptive double agent that distorts reality and makes us deny and justify the wrongs that our lower 2. Control the urge to selves commit towards our spouses, convincing us defend yourself: look for that we are right; while the truth in your spouse's we are oppressing our own words first. selves and our spouses and actually walking a path of humiliating selfdestruction.

There's no one who be a yes, and if it is, then mirrors our souls to us you're definitely looking more accurately than at a flaw that Allah (SWT) our spouse, because no wants you to work on and other human being gets to see us as intimately and habitually as they do. As a natural consequence, spouses stand the highest chance of facing our ego: the defensive wrath of our lower selves. But allowing your lower self to prevail in your marriage instead

appreciated this effort of

person. Evil Eye

get rid of.

is your own (disastrous) The Prophet (SAW) said: private?

Facts, Events & Beliefs

some of the massive mammals." creatures that inhabit the depths of the sea). Approximately the size of a billiard ball, their While most parrots only eyes are actually bigger learn around 50 words. than their brains.

Ostrich eyes are the (rather than on the base largest of any animal of their beak like most that lives on land birds)-have sometimes (though they can't rival called them "honorary

> 7. Parrots can learn to say hundreds of words. some African grey parrots have been known

Recurrence of blasphemous cartoons is a failure of Muslim world: PM

BAIT-US-SALAAM YOUTH CLUB for Eternity

"The evil eye is real." [Ibn

I am always in awe of the

power of this extremely

concise hadith, because

it delivers three vital

messages about the

evil eye in one 5-word

•the harm of the evil eye

is very, very real (in case

you were even thinking

do not put yourself in its

take measures to protect

naturally. Muslim couples

today are actually

serving their marriages

on exquisitely decorated

social media platters for

the evil eye to devour:

not just the ceremony,

but every single verbal

and non-verbal marital

exchange, meal, meeting,

moment, mood and micro-

Happy Muslim couples do share their marital

happiness, but sensibly.

Before sharing anything

about your marital life

with the public, ask

•ls it necessary to share

it with all the people I'm

•Will it make any of them

long to be in my position?

•Is it better off being

about to disclose it to?

second!

yourself:

Majah]

sentence:

otherwise)

way; and

yourself from it

at least four European countries, you can be jailed for even disputing the exact number of Jews who were killed in the Holocaust. "Where does the freedom of expression go in this case?" They say that this hurts the sentiments of Jews, he added.

0310-460-3525

Muslim sentiments are also hurt when cartoons depicting the Prophet (SAW) are made, the PM said.

Hajj 'nap pods' being introduced for pilgrims to Saudi Arabia

the Haji and Mutamer Gift Charitable Association, is offering between 18 and 24 capsules for pilgrims to nap in for free in the coming days.

Japan at cost of around \$1,114 each.

sterilise the pod before handing it over to the next pilgrim.

Mecca," Amer said.

Arabia home to the holiest sites of Islam - the pods were also inspired by the rising popularity of car and bike-sharing.

Each fibreglass pod - less than three metres long and just over one metre high -1. Just listen. Listen If you agree with point features a mattress, clean sheets, air conditioning and a large, well-lit mirror. one, the second and third points just follow

The pods can be lined up horizontally or stacked vertically to save on space.

Each napper will have three hours so sleep in the pods, which are imported from

When the pilgrim wakes for prayer time - five times daily in Islam - workers will

"We believe it's extremely well-suited for crowded places in our holy sites and in

But for hajj, which takes pilgrims across Mecca and Mina - cities in western Saudi

"The capsules work through a share economy, like bicycles that you can rent for an hour and then leave for someone else," said a representative.

A trial run of 12 pods earlier this year was, he said, a success. He estimates 60 people used each pod every day during the fasting month of Ramadan.

REINFORCING TOURISM ELEVATING TRAVEL!

INTERNATIONAL

TOURISM EXPO



INTERNATIONAL FORUM FOR "RELIGIOUS" TOURISM

AN INITIATIVE TO GLORIFY

PAKISTAN TOURISM!

and shaytan Ego

enemies: ego, evil eye they'll tell you there's no bigger enemy to marital happiness than: ego.

8. They fight the real past the first five years,

married couple that's self, and ego in marriage a means to purify yourself successfully made it sounds like:

BAIT-US-SALAM UPDATES BBHU: Cow mandi medical camp successfully concluded

In the last 11 days of the 2 cases were shifted around too the visitors and camp, 1328 OPD cases to the hospital via BST the cattle farmers highly were seen, 137 injuries ambulance. were seen, 12 emergency cases were treated and Like last year, this time the BBHU.

If you ask every happily mechanism of the lower of seeing your marriage as

Ego is the defense

Markaz-e-Fahmedeen: New course for girls starts at the Muhaffiz branch

A course designed to help nourish or teenage girls spiritually is about to start soon at the Khayabane-Muhafiz branch of Fahmedeen, BST. The course will include Islamic stories, will talk about Islamic principles and practices.



The Baitussalam Youth Club For Girls: 4 week challenge towards Creative writing & **Public Speaking**

and were awarded with certificates as well.

"I have completed the four-week Effective Challenge Program from Baitussalam Youth Club platform. Being a part of it warmed my heart. The teachers were so warm and knowledgeable," said one participant at the end of the course.

The BYCG believes that it is the responsibility of institutions to help inculcate a sense of self-assurance in the Muslim girls of today, a characteristic that is sorely lacking in many due to lack of proper role models and lack of support aimed at cultivating their creative side.

"CELEBRATING OUR IDENTITY"

With the grace of Allah Almighty, another milestone achieved! The Baitussalam Youth Club for Girls celebrated the spirit of independence on 11th August. The event catered an audience of approximately 250-300 people, all rejoicing under the banner; "Celebrating our Identity".

The celebration comprised of different activities hosted by the members of the BYCG; ranging from bake sales to discussions upon the sacrifices behind independence, their value and our role as responsible citizens. The area was beautifully decorated with flags and balloons by the BYCG management, spreading contagious vibes of patriotism and dedication.

The bake sale included a variety of stalls, of food, games and much more. The stalls were creatively decorated by the vendors themselves, and everything, from food to games, were sold at minimal prices for the purpose was not to earn, but to encourage and immerse the youth in productive activities and celebrations. All stall holders, members of the BYCG, were given special training and guidance, on how to effectively manage their business and customers; advice and tips that will prove fruitful for their future endeavors.

On a more serious note, three speakers, from different backgrounds, spoke on the importance of independence, our duty towards our nation and the necessity of implementing Islamic practices in the country, for a better Pakistan and for better Pakistanis.

The 3 hour long event fulfilled its purpose of engaging the youth in meaningful celebrations. This event took a step towards immersing the youth in productive activities that will be beneficial for them in balancing together their deen and duniya.

3. Cardinals like to cover themselves in ants.

Cardinals (along with acorns. several other bird

smearing them over their feathers, or allowing the purpose of "anting" birds use the formic acid secreted during their ant bath to help get rid of

4. Owls devour their prey whole.

animals (raccoons and rabbits, for instance), they tear them up into more manageable, bitesize pieces. But, they've also been known to simply swallow smaller animals, from insects to mice, whole.

one eye open.

When they nap in groups, the ducks on the perimeter keep guard by sleeping with one eye open. While the other ducks sleep more deeply, those on the 10. Budgies catch each outside of the circle also keep one side of their brain awake, even as they doze.

mammals."

Native to New Zealand, kiwis are a bizarre, landbound bird. Scientists, so mystified by the kiwi's strange propertiesheavy bones filled with showing empathy, or it marrow, and nostrils might be a sign of group on the tip of their nose alertness.

to learn hundreds. 8. Woodpeckers hoard species) sometimes Acorn woodpeckers cover themselves in store acorns by drilling

crushed or living ants, holes in trees, fence posts, utility poles, and buildings, and depositing living ants to crawl on their nuts there. They them. While scientists have been known to still aren't sure what store up to 50,000 acorns-each in its own is, some believe the tiny hole-in a single

lice and other parasites.

5. Some ducks sleep with they're difficult to spot

chests, meanwhile, help them blend in with the lighter, brighter surface of the water, so that from below, they're near-invisible.

other's yawns.

6. Kiwis are sometimes so far discovered called "honorary who is susceptible to

Budgerigars, or budgies, a common parakeet, are the only bird species

contagious yawning. Budgies are the first non-mammal species observed exhibiting the behavior. Many scientists believe the unconscious,

which include feathers instinctual response may that feel like hair, be a primitive way of

tree, called a "granary tree." 9. The unique black and white coloring of penguins works as camouflage. When owls catch larger While penguins might stand out on land, underwater their black and white coloring helps them stay hidden from both predators and prey. As they swim, their black backs blend in with the darker ocean water below them so that from above. Their white



5th & 6th SEPTEMBER

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Ground Floor 26-C, Sunset Commercial Street Number 2, Khayaban-e-Jami, Phase IV, Defence Karachi, Pakistan

فرى ميدُكل ميمپ ك مختلف مناظر،اس ميمپ ميں يوميد ڈيڑھ سو سے زيادہ مريفوں کوفرى چيك اپ كے ساتھ بلاقيمت دوائيں فراہم كى جاتى رہيں،اس دوران ميمپ ميں 137 زخمى لاتے گئے، جنھيں مرہم پنى كركے بھيجا الحيا، 12 كيس ايسة آت جن كابا قاعده اسپتال يس، يعلاج موسكتا تها، أخيس اسپتال جيجا عجاد يادر يك مريفول كو ميم بتك لانے كے ليش سروس بھى موجود رہى









