



# PROTECTION OF **GAZE**



MAULANA  
ABDUL SATTAR *ولایت برکاتہم*





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ABDUL SATTAR *ولست بركاتهم*



- ◆ Book Name : Protection of Gaze
- ◆ Writer : Maulana Abdul Sattar ولمعة بن سائر
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+92 3168056 863  
info@makinnovation.biz



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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



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الْحَمْدُ لِلَّهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَ  
أَصْحَابِهِ أَجْمَعِينَ أَمَا بَعْدُ! فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿٥٦﴾

وَقَالَ الَّذِي اشْتَرَاهُ مِنْ مِصْرَ لِامْرَأَتِهِ أَكْرِمِي مَثْوَاهُ عَسَى أَنْ  
يَنْفَعَنَا أَوْ نَتَّخِذَهُ وَلَدًا (يوسف : ٢١)

صَدَقَ اللَّهُ الْعَظِيمُ

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى  
آلِ سَيِّدِنَا مُحَمَّدٍ وَبَارِكْ وَسَلِّمْ

## MERE STORYTELLING IS NOT OUR REAL PURPOSE

My respected Muslim brethren and dignified mothers' and daughters' of the Ummah!

The Holy Quran has described the life of Prophet Yousuf عليه السلام. in great detail, particularly, of his childhood and as a young adult. He was sold off as a kid in a local market, bought off by the finance vizier of the royal palace who handed him over to his wife, and as such, the child grew with the stain of being sold and bought in the market.

It is important to note that the Holy Quran tells no story or incident for the sake of reading it for pleasure. Every incident holds a great lesson, and every story teaches us the essence of morality, just like the story of Prophet Yousuf عليه السلام.





## ADULTERY OF THE EYE VS. PIETY

The sin of committing the adultery of the eye is critically grave, and its repercussions are widespread. Unfortunately, even the most pious, most spiritual and practicing Muslims are affected by it as they ignore its gravity. Hence the intensity and consequences of this sin have increased drastically over the years such that it has victimized those that worship passionately and have sought the companionship of scholars'. Even they are oblivious to the severe ramifications this sin brings to ones' life.

On one hand, there is a group of believers that never turned towards the Mosque or sought the company of religious scholars' which eventually made them impractical Muslims; neither do they fast or pray and nor do they incorporate Shari'ah in their lives. On the other hand, there is the group of believers that is conscious of everything the first group has ignored. Sadly, in spite of that, even the latter have become woefully ignorant of the depravity and immorality this sin sows in the society and so, the disease of staring at non-mahram (unacquainted) continues to spread, as reflected in the lesson above.

## UNLAWFUL GAZING IS DESTRUCTIVE

What does the Holy Quran tells us about the destruction brought on by adultery of the eye? Allah ﷻ says in **Surah al-Yousuf: Verse 30:**

وَقَالَ نِسْوَةٌ فِي الْمَدِينَةِ امْرَأَتُ الْعَزِيزِ تُرَاوِدُ فَتَاهَا عَن نَّفْسِهِ ط  
فَدَّ شَعْفَهَا حُبًّا إِنَّا لَنَرَاهَا فِي ضَلَالٍ مُّبِينٍ (٣٠)





***“And women in the city said, “The wife of the minister is seducing her youthful slave.His love has entered the depth of her heart. Surely, we see her in open error.”***

The destruction from this sin was such that it made her forget all about her status and the dignity of her blood. As the lust of her eyes blinded her, her insolence captured her such that she didn't care about putting her family through disgrace and ridicule. The covetousness of her eyes seized her abilities to contemplate the disastrous consequences her actions would bring and she gave her heart blindly to the handsome young man.

### **GLARING UNLAWFULLY IS CONSIDERED NORMAL TODAY!**

My dear readers, in the age of today, sadly we do not understand the severity of staring at unacquainted people. People are often heard questioning the harm in looking with lust as long as the heart is clean? Unfortunately, when involved in this sin, neither a person then cares for their status, or their parents' dignity, nor their family's clean repute. Furthermore, there are some who go one step ahead in this sin, and are ready to bargain for their faith just to be with the one they admire. They do not hesitate to convert from Islam to any other religion if need be. This sad state of affairs is visible in our society when the smallest of a temptation causes them to convert to Christianity or even, Qadiyaniat, and all this mess begins with merely an evil eye.





## ATROCITIES OF STARING AT THE UNLAWFUL

The wife of Egypt's financial vizier was cursed when she lost her status and respect as she succumbed to her desires. Had she thought of her dignified repute and noble stature in the society, she wouldn't have given herself into worldly temptations for a slave! Rather than admitting her mistake, she went ahead to organize a feast for all those women who cursed her. The Holy Quran puts it beautifully in **Surah al-Yousuf Verse 31**:

فَلَمَّا سَمِعَتْ بِمَكْرِهِنَّ أَرْسَلَتْ إِلَيْهِنَّ وَأَعْتَدَتْ لَهُنَّ مُتَّكَأً وَآتَتْ كُلَّ وَاحِدَةٍ مِّنْهُنَّ سِكِّينًا وَقَالَتِ اخْرُجْ عَلَيْهِنَّ فَلَمَّا رَأَيْنَهُ أَكْبَرْنَهُ وَقَطَّعْنَ أَيْدِيَهُنَّ وَقُلْنَ حَاشَ لِلَّهِ مَا هَذَا بَشَرًا إِنْ هَذَا إِلَّا مَلَكٌ كَرِيمٌ (٣١)

"So,when she heard of their taunting comments,she extended an invitation to them and arranged for them a comfortable place (to sit and dine) and gave everyone a knife and said (to Yusuf) "come out to them".So when they saw him ,they found him great and (were so stunned that they) cut their hands and said , "Oh God,He is no humanbeing . He is but a noble angel " "

This shows that even those unfortunate women lifted their gaze towards a Non-Mahram when they cut their fingers off instead of fruits lying in front of them.

My dear readers, those who question and argue to defend the harmless nature of this sin should know about this incident which the Holy Quran has described in great detail. By Allah, at times, gawking at the haram





oftentimes weakens a man's senses and puts him in such carelessness (*Ghafflah*) that the person becomes unaware of his elder's status, his family's dignity and his own faith. Once that happens, he's ready to put everything at stake to fulfil his malevolent cravings.

## **OUTCOME OF PARENTS' NEGLIGENCE**

Unfortunately, even the religious elderly have forgotten what harm this sin can bring upon their family. When parents send their child to an environment where the eye is prone to wander, the destruction begins. As the child acclimatizes to the environment and becomes immune to stare at the opposite gender with no care, the turpitude aggravates. And thus, the time to repent is lost when an unforgivable sin is committed by the child, as now the child's heart belongs to someone else. What would the child even care about other than to quench the lustful hunger burning inside? To the child, parents' and family mean nothing now.

## **MARRIED PEOPLE ARE EQUALLY UNSAFE**

O my readers, remember! The storm brought on by this sin alone is so intense that even a married man, who might even bear a few children, can be entrapped in it. This eye plays its powerful destructive role here as well and once the man is diseased by this sin, he ends up ruining his home. His family is torn apart and his children lose the fatherly figure. Sadly, this works both ways for the husband and wife alike. This disease is like the pandemic we have witnessed, as it captures eye after eye, senses





after senses, people forget their value in the society and stoop to the lowest standards imaginable. Once they lose everything, only then they are brought back to their senses, but now the wretchedness has destroyed everything they took ages to build.

## VEIL – A NATURAL NEED!

Surprisingly, this immorality is understood by anyone with some intellect and common sense. Who would want their daughter, sister or wife to be eyed with longing and lust? No one! If one does indeed want that, they're essentially devoid of humanity. But for anyone who cares about the dignity of their own women, they can grasp that Allah ﷻ has ordained for men to lower their gaze in front of women, hence this becomes a natural instinct and the framework of the society. In the Noble Quran, it is mentioned in **Surah al-Noor Verse 30 and 31**

قُلْ لِلْمُؤْمِنِينَ يَغُضُّوا مِنْ أَبْصَارِهِمْ وَيَحْفَظُوا فُرُوجَهُمْ ۗ ذَٰلِكَ أَزْكَىٰ لَهُمْ ۗ إِنَّ اللَّهَ خَبِيرٌ بِمَا يَصْنَعُونَ (٣٠)

*“Tell the believing men that they must lower their gazes and tell the believing women that they must lower their gazes”*

## WHAT DOES A HUMANLY NATURE REQUIRE?

The Holy Prophet ﷺ life reflects an incident of a man in the following narration:



أَتَى رَسُولَ اللَّهِ ﷺ غُلامٌ شَابٌ، فَقَالَ رَسُولَ اللَّهِ! إِيذَنْ لِي فِي  
 الزَّانَا ، فَصَاحَ بِهِ النَّاسُ، وَقَالُوا : مَهْ فَقَالَ النَّبِيُّ ﷺ : ذَرُوهُ ،  
 ، أَدْنُ ، فَدَنَا حَتَّى جَلَسَ بَيْنَ يَدَي رَسُولِ اللَّهِ ﷺ  
 فَقَالَ: أَتُحِبُّهُ لِابْنَتِكَ؟ قَالَ : لَا ، قَالَ : وَكَذَلِكَ النَّاسُ لَا يُحِبُّونَهُ  
 لِابْنَاتِهِمْ ، أَتُحِبُّهُ لِأَخْتِكَ؟ قَالَ : لَا ، قَالَ : فَكَذَلِكَ النَّاسُ لَا  
 يُحِبُّونَهُ لِأَخَوَاتِهِمْ ، أَتُحِبُّهُ لِعَمَّتِكَ؟ قَالَ : لَا ، قَالَ : فَكَذَلِكَ  
 ، النَّاسُ لَا يُحِبُّونَهُ لِعَمَّاتِهِمْ

“A young man came to the Prophet ﷺ, and he said,  
 “O Messenger of Allah, give me permission to commit  
 adultery.” The people turned to rebuke him, saying:  
 “Quiet! Quiet!”

The Prophet ﷺ said, “**Come here.**” The young man came  
 close and he told him to sit down.

The Prophet ﷺ said, “**Would you like that for your  
 daughter?**” The man said, “No, by Allah, may I be  
 sacrificed for you.” The Prophet ﷺ said, “**Neither would  
 people like it for their daughters.**”

“**Would you like that for your sister?**” The man said, “No,  
 by Allah, may I be sacrificed for you.” The Prophet ﷺ  
 said, “**Neither would people like it for their sisters**”

“**Would you like that for your paternal aunt?**” The man  
 said, “No, by Allah, may I be sacrificed for you.” The  
 Prophet ﷺ said, “**Neither would people like it for their  
 paternal aunts.**”

“**Would you like that for your maternal aunt?**” The



man said, “No, by Allah, may I be sacrificed for you.” The Prophet ﷺ said, **“Neither would people like it for their maternal aunts.”**

Glory be to Allah ﷻ ! How great was our Holy Prophet ﷺ! Today, if someone gets to know that a person is wishing to sin, not only will he be reprimanded, but banished from the society with curses. But our Holy Prophet ﷺ was indeed very merciful and caring, as he chose a nice subtle way to teach the same lesson. Just like it is unacceptable for a man to see women of his own family commit a sin with another man, similarly, it is unacceptable for him to lay eyes on other women or commit a sin with them. They too, are wives, daughters, sisters and aunts of other men. As he would protect the chastity of his own women, he should likewise respect the chastity of other women.

## **AN UNLAWFUL GLANCE IS THE AMALGAMATION OF ALL EVIL**

Dear readers, our ‘eye’ is a blessing of Allah ﷻ a deposit entrusted to us which is meant to be safeguarded. One who stares with desire at other women not only commits a grave sin, but also breaches the trust of Allah ﷻ . Therefore, such a person shall not only be vilified by the Almighty Rabb ﷻ . But also becomes an uncivilized human that goes against the intrinsic gentle nature of mankind. The inherent basis for a person to be morally correct is to protect his sister or daughter from vile, and if he goes against this fundamental principle, he is bound to consolidate three kinds of evil under his name: ‘an





atrocious sin of the adultery of the eye, loss of civility, and the label of dishonesty’.

Allah ﷻ says in the Noble Quran, **Chapter 40 Surah Al-Mu’min, Verse 19.**

يَعْلَمُ خَائِنَةَ الْأَعْيُنِ وَمَا تُخْفِي الصُّدُورُ

**“Allah knows the treachery of the eyes”**

Therefore, eyeing sinfully is the sign of a treacherous human. Even the Sha’riah condemns this deceitful person, and Allah ﷻ curses the betrayal by this person.

Our dearest Prophet ﷺ said:

لَعَنَ اللَّهُ النَّاطِرَ وَالْمَنْظُورَ إِلَيْهَا

**“Allah ﷻ curses the one who stares and the one who is being stared at”**

This means that Almighty Allah ﷻ curses not only he who stares but the one who is being stared at because of her promiscuousness as she flaunts her beauty for men to see.

## MUSLIM WOMEN - UNVEILED

What is the state of our marriages today? How do our women dress up when they attend the blessed matrimonial occasions? It is not like our women are disbelievers or infidels. Many are punctual in prayers, or involved in dhikr, and might even religiously offer pilgrimage. Sadly, they adorn themselves such that they invoke the wrath of Allah ﷻ.





As our Blessed Prophet ﷺ said that as long as such a woman is being stared at, she is being cursed by Allah ﷻ. And if it is a mixed gathering of men and women, then such a gathering invokes Allah ﷻ curse like rain pours down on ground. The verdict of Prophet ﷺ is nothing but gospel truth, without a shade of doubt.

This sin is spread out massively and unfortunately, in most circles today, it is not even considered a sin even. The ultimate reason for the destruction of the societal fabric is because of this sin alone. When a woman beautifies herself in an immoral way, the immoral and lustful attack her with the arrows of their gaze. The anarchic downfall, thus, begins. Households are wrecked, respect is tarnished, peace seeps away from the lives as contempt and derision takes its place.

The tale of Prophet Yousuf ﷺ tells us that just because of the eye, the wife of Egypt's vizier gave her heart to him and when the women of the town saw him, they too were mesmerized beyond belief, such that they ended up cutting their own fingers instead of fruits.

In all honesty, in the age of today, this sin has beyond doubt created distances amongst loved ones. As children fall into its' misery, they get emotionally detached from their parents.

Our dear Prophet ﷺ said that:

النَّظْرُ سَهْمٌ مَسْمُومٌ مِنْ سِهَامِ إِبْلِيسَ

***Among the arrows of Satan, casting an evil glance is one of the poisonous arrows.***





## WHEN DOES WORSHIP BECOME DULL & WEARISOME?

My dearest brothers and sisters! This monstrous sin ruins our outward and inward being alike. Perhaps, there is no sin greater in destruction than committing the adultery of the eye, which extinguishes the spiritual flame of years' worth of efforts. As it dampens the soul and blackens the heart, it stirs fear when we step in the mosque and renders our recitation and worship lifeless. Only when constant struggle goes into battling the temptation of Nafs, can the heart light up again and life be brought back to worshipping

## WHO IS TRULY DISHONORABLE AND SHAMELESS?

Sadly, today, when someone steps out of the folds of his/her house, this evil can be seen spread out like a virus. The eyes are mesmerized with such brazenness, it seems that we lost what our Holy Prophet ﷺ taught us:

ثَلَاثَةٌ قَدْ حَرَّمَ اللَّهُ تَبَارَكَ وَتَعَالَى عَلَيْهِمُ الْجَنَّةَ : مُدْمِنُ الْخَمْرِ  
وَالْعَاقُ وَالذَّيُّوثُ الَّذِي يُقَرُّ فِي أَهْلِهِ الْخُبْتِ

***“There are three kinds of people upon whom Allah ﷻ has declared Paradise haram. One is he who always consumes alcohol. Second is he who disrespects his parents’. Third is the dishonorable, he who sees his family in sin and tolerates on with it.”***

So who is the most dishonorable? One who does not care





about his family; where his sister or daughter goes or who she meets. An honorable man would never tolerate a Non-Mahram to glare at his kin. If he tolerates it and likes it, then there is no honor in him, since Rasool Allah ﷺ categorized him as downright shameless.

### **WHAT IS THE SOURCE TO CURE THE NAFS?**

Unfortunately, this turpitude is not even acknowledged by many around us. Those who are distant from mosques and from the companionship of scholars are already in grave danger. But those who are blessed with some level of piety are also ignorant to save themselves and their families from the abhorrent ramifications this evil causes. Their homes and matrimonial occasions reflect their carelessness towards the severity of this sin.

Unless this transgression is stopped, one cannot walk on the path of rectification of the soul. This sin is better termed as a constant 24/7 leak in our bucket of piety, the biggest challenge in curing our temptations and desires. Without fixing this leak, how can we expect spiritual rectification? And remember, adultery of the eye is not just limited to staring at the unacquainted physically, but it is also caused by staring at their pictures. If someone safeguards their gaze outside but lets it loose on screen, the healing of Nafs becomes a far-fetched possibility! Whatever good deeds he accumulates, he ends up losing the spiritual enlightenment through the leak in the bucket. The sin renders him worthless physically and spiritually, as it wrecks this life and the next.





## **SPIRITUAL WEAKNESS COUPLED WITH PHYSICAL WEAKNESS!**

To all the readers, it is important to remember: this immorality dims the spirit of the soul and darkens the heart inside of a believer. Young adults are seen committing suicide in our country. If we analyze even a single case, we can see that 90% of such incidents were brought on by this disease alone. Once a person is diseased with the adultery of eye, they lose their will power to live, their courage and resolve to tackle everyday battles and their strength to deal with sins. They're left hopeless with suicide as their only option. Once they lose their inner motivation, they lose their soul and in the process, their bodily organs also begin to lose their control.

## **WHEN DOES ALLAH ﷻ ENTER OUR HEARTS?**

All the catastrophe discussed above is primarily because the hearts are void of Allah ﷻ presence. The spirituality of our Almighty Creator only seeps in the heart when it is purified from all the worldly filth. For instance, let us imagine how we tend to clean our homes and decorate it for a bunch of guests! Similarly, if we wish for Allah ﷻ to enter our hearts, we must clean it from all sins and purify it for Him alone. How can we expect for His Highness to dwell in our hearts when it is filled with lust and desire of mortal creations? This is certainly not possible, for any two entities to co-exist in a single heart! Therefore, one must repent, cry and seek forgiveness to the Rabb in order to cleanse the heart from all immorality before one invites Allah ﷻ inside!





## TWO KINDS OF SUPPLICATIONS

My dear readers! There are numerous supplications for the realms of this life, such as, seeking Allah ﷻ help for employment, pious children, or other worldly assets. Now it is pertinent to note that Allah ﷻ is Al-Hakeem. Like a mother knows her child, she often offers her son a fruit (like a banana or an apple) when the son had instead asked for some sweets. Often times, she doesn't even give him anything at all, and waits a while till the son finishes an ordained task. Likewise, our pleas' to Allah ﷻ to tend our daily non-religious affairs often apparently go unanswered because His Hikmah comes into play and either He rewards us with something better than what was requested or waits till Akhirah to reward us with something far more necessary!

But remember, the pleas' to tend our religious affairs are not saved for the afterlife. Instead, those duas, if made with pure sincerity, are answered here, in this life. If a person was to genuinely pray to let go of some sin, there is no doubt he wouldn't be left disappointed. The only condition here is sincerity of purpose and Allah ﷻ will truly help and guide him!

## FIRST SOLUTION IN LEARNING TO PROTECT OUR GAZE

The incident of Prophet Yousuf ﷺ did not only mention the consequences that resulted from this sin but also the protection of gaze by those who were in the same environment. Sayyidina Yousuf ﷺ. First and foremost





acknowledged and became grateful to all what Allah ﷻ had bestowed him with. This is also discussed in the Holy Quran in **Chapter 12 (Surah Yousuf) Verse 23:**

قَالَ مَعَاذَ اللَّهِ إِنَّهُ رَبِّي أَحْسَنَ مَثْوَايَ

**Yousuf عليه السلام said: “ I seek refuge with Allah! Surely He (your husband) is my master. He has given me a good lodging.”**

Prophet Yousuf عليه السلام. meant that he was embarrassed and discomfited to disobey and be unthankful towards the One who had blessed him greatly.

## **ACKNOWLEDGING BLESSINGS OF OUR TRUE BENEFACTOR!**

If a person is stuck in a corrupt environment where he or she is prone to sin such as in a school, college or university, then the person should adopt the habit of acknowledging the countless blessings of his or her true Benefactor and be grateful for every single one of them. What if he or she became blind and Allah ﷻ took away the power of his or her sight so that the world would become dark? There are many around us without the blessing of sight itself and they spend their entire lives living in total darkness. Today, if we have our youth, good looks, glitter of our eyes, the strength of our bones, completely healthy body; then rather than utilizing them in obeying the commandments of the Benefactor, how utterly depraved we would be if we were to utilize them to oppose the Benefactor’s commands. The One who gave us all these blessings,





should be thanked day in and out, and not defied by these blessings.

This is why the first and foremost step in attaining complete protection of our gaze is admitting to the countless gifts we have been granted by our Generous Maker. Even the light and electricity mankind created is likely to falter and has its own cost. However, Praise be to Allah ﷻ alone, how utterly dazzling is the light of our eyes that shines all our lifetime without flickering once! Doesn't the Glorious Entity who gave us all this deserve our obedience alone? Shouldn't we use the light of our eyes in line with what He has ordained Halaal or Haraam? That is the least we can do, if not be thankful, then at least be aware and in control of utilizing the blessings righteously!

## HOW TO USE THE BLESSING OF SIGHT CORRECTLY?

This very thought provoking question is answered by Rasool Allah ﷺ in the following tradition:

مَا مِنْ وَاَلِدٍ بَارٍّ يَنْظُرُ نَظْرَةَ رَحْمَةٍ اِلَّا كَتَبَ اللّٰهُ بِكُلِّ نَظْرَةٍ  
حَجَّةً مَبْرُورَةً

***"It is narrated on the authority of Hadhrat 'Abdullah bin 'Abbas (May Allah be well pleased with them) that the Holy Prophet ﷺ said: Whichever obedient son (or daughter) looks at his parents with love, then Allah Most High grants the reward of 1 accepted Hajj in lieu of every glance."***





There is reward for using the eyesight correctly! How beautiful is our Deen. Imagine, if the husband casts a kind glance towards his wife, there is reward for him in doing so, and vice versa. Therefore, this eye should not be taken for granted, rather treated as a precious blessing and used only how the Blessed One has ordained for it to be used.

## **SECOND SOLUTION: COURAGE & STRUGGLE!**

The second step Prophet Yousuf عليه السلام took to fight this sin was by his own courageous effort. As Allah ﷻ points out in the Holy Quran in **Chapter 12, Verse 25:**

وَاسْتَبَقَا الْبَابَ

***“And they raced towards the door.”***

Our sacred scholars say that as Sayyidina Yousuf عليه السلام turned away from the woman and ran, she ran too and grabbed him from the back and tore his shirt from behind. Thus, even after repeatedly trying to protect oneself, if there is no protection of the eyes because of the wickedness around, then one should immediately leave those surroundings. Sadly, parents themselves leave their children susceptible to this debauchery in sinful surroundings and then regret it when their children demonstrate foul antics. O my dear brothers and sisters, if you're sending your sons and daughters to mixed congregations, whether in schools, colleges, universities or parties, then this is bound to happen! Woe to those who call this intelligence! If you happen to go to the sea and dive in, do you expect to stay dry?





Parents themselves throw their young children in the sea of adultery of the eye and then expect them to attain piety. This is nearly impossible, when we have the example of Prophet Yousuf عليه السلام. to learn from, who, in spite of being innocent as a Messenger (Nabi) عليه السلام, still felt unsafe in those vile surroundings and took great precaution to escape. When a Prophet can be in danger and needs to exercise caution, then who are we to relax? We should be all the more careful in our dealings and practices.

### THE CONDITION IS TO TAKE THE FIRST STEP

Struggle is mandatory in order to quit any surrounding where one is prone to sin. It is the Sunnah of Allah ﷻ Himself that if a person takes the first step, the Almighty helps him to take the next step forth. Subhan Allah! How helpful is our Creator. Allah ﷻ mentions in Surah al-Kahaf, the story of those who struggled on their own and then found Allah ﷻ as their Helper:

إِنَّهُمْ فِتْيَةٌ آمَنُوا بِرَبِّهِمْ

***“They were young men who believed in their Lord”***  
**(Verse: 13)**

Meaning, that they took the first step themselves, and Allah ﷻ thus, took the second step for them.

وَزَدْنَاهُمْ هُدًى وَرَبَطْنَا عَلَىٰ قُلُوبِهِمْ

***“And we gave them more guidance and we made their hearts firm”*** (Verse 13-14)”

Thus, when those young men made an effort to take





the first step and accept Islam, they found Allah ﷻ help in granting them steadfastness. Our job is to make an effort and leave the rest to our Lord who has promised to protect us and aid us.

### A GLIMPSE OF ALLAH ﷻ OMNIPOTENCE

My fellow Muslims, remember that Allah ﷻ is the Supreme Omnipotent entity. There's an unusually remarkable example of His Dominion and Might discussed in the Noble Quran:

وَإِنَّ لَكُمْ فِي الْأَنْعَامِ لَعِبْرَةً ۚ تَتُسْقَوْنَ مِنْهَا فِي بُطُونِهِ مِنْ بَيْنِ  
فَرْثٍ وَدَمٍ لَبْنَا خَالِصًا سَائِغًا لِلشَّارِبِي

***“Surely, there is a lesson for you in the cattle. We provide you, out of what lies in their bellies between feces and blood, the (drink of) milk, pure and pleasant for those who drink”***

This shows that in spite of the grimy ambiance of manure and blood, when the animal is sacrificed it provides fresh meat and when it is alive, it provides fresh milk from its teats! Subhan Allah! The dairy livestock is a source of fresh milk but an effort has to be made to graze them and take out the milk. Similarly, we should do whatever is in our hands and leave the rest to our Merciful Creator to protect us from all the filth around us. Allah ﷻ is All-Powerful, All-Knowing; His Omnipotence is beyond our imagination, but in order for us to seek His Blessing and Guidance, we should strive to exit filthy surroundings and untie bonds with unlawful relations and gatherings

### THIRD SOLUTION: MAKE DUA!

The third action taken by Sayyidina Yousuf عليه السلام. was to





make Dua to Allah ﷻ

قَالَ رَبِّ السِّجْنُ أَحَبُّ إِلَيَّ مِمَّا يَدْعُونَنِي إِلَيْهِ وَإِلَّا تَصْرِفْ  
عَنِّي كَيْدَهُنَّ أَصْبُ إِلَيْهِنَّ وَأَكُن مِّنَ الْجَاهِلِينَ

***“He (Yusuf) said , ‘My Lord, the prison is dearer to me than what these women invite me to do. And if you do not turn their guile away from me , I shall get inclined towards them and shall be among the ignorant”***

Even Prophet Yousuf ﷺ. showed his will and inclination when he pleaded to Allah ﷻ that ‘O Lord! I am trying my best, I’m thankful for all your blessings but if I don’t get your help, I might be left stranded and prone to sin.’

Allah o Akbar! This is the true dignity of a believer, with gratefulness and submission, he takes the first step to strive and then beseeches his Creator that without Allah’s ﷻ help, there is certainly doom for him!

## **BECOMING ALLAH ﷻ FRIEND WITH EASE**

Even in the abhorrent age we live in today, even with all the obscene and immoral deeds around us, in spite of all this, if a man or woman struggles with sincerity and acknowledges the great blessings bestowed upon them by Allah ﷻ and asks for His Protection alone, he or she will be surely protected! Whosoever is granted this protection in the age of today, they will also be sanctified with a true bond with Allah ﷻ ! This is called true Wilayah!

Our scholars mention a very unique thought-provoking approach that when a person piles up good deeds, the





spiritual light garnered from those deeds does not enter his heart, unless he saves himself from the adultery of his eyes so that his heart takes a blow and that is when Allah ﷻ grace and spirituality truly enters the folds of his heart. That is when he really becomes protected from the great sin of adultery of the eyes. Now if this heart was to break again and again, and shattered to bits because he battles the sin of adultery, is there any doubt that he would be void of Allah ﷻ clemency? It is a known fact that our Almighty Rabb ﷻ is with those who harbor broken hearts. Therefore, in order to seek the compassion of our Lord, one must save themselves from the adultery of the eyes repeatedly.

Once, there were two men discussing about the nature of Allah ﷻ compassion. If a person abstains from sins altogether, is Allah ﷻ more merciful towards that person, or if a person sins and repents, would Allah ﷻ be more merciful towards the latter? While they were conversing, an old man happened to pass by who overheard them and said: "O my children! I'm not a learned scholar, just an ordinary tailor who stitches and sews with threads. I do know one thing though, whenever I'm sewing and a thread happens to break, I tighten the knot firmly on it and keep my eye focused on the repaired thread. So I believe if a person who breaks but then repents and turns to Allah ﷻ he would have the Creator's mercy and compassion focused on him far more so that he shall not break again!





## SELF-STRUGGLE INVOKES ALLAH ﷻ MERCY

For a heart to attain the proximity and love of Allah ﷻ it must get rid of everything else. The mortal love for worldly desires must be put an end to. The adultery of the eyes must be given up altogether. There is not a shred of doubt that living in an age with the ease and availability of frequent options of committing this sin, attaining piety truly calls for self-struggle! Not only fighting with Nafs can solve this problem, one must bear the taunts of those closest to one. In such distressing times, where this sin has spread like a pandemic, all of us must be vigilant and prepared to deal with emotional, verbal and physical blows. Every step taken to avoid this sin calls for self-sacrifice. And this self-sacrifice continues till death. This sin haunts a person even after they have repented so one must continue embracing pain and hardship till the end in order to be aided and guided by Allah ﷻ till the end!

## SATANIC DECEPTION & ITS COMPENSATION

There is a satanic deception in the minds of many young men that staring at a Non-Mahram woman while considering her as a sister is an allowable act. Hadhrat Fazal Bin Abbas رضي الله عنه was from the Syed tribe and his incident is mentioned in the Bukhari Shareef in the following tradition:

أَرَدَفَ رَسُولُ اللَّهِ ﷺ الْفَضْلَ بْنَ عَبَّاسٍ يَوْمَ النَّحْرِ خُلْفَهُ عَلَى عَجْزِ رَاحِلَتِهِ ، وَكَانَ الْفَضْلُ رَجُلًا وَضِيئًا ، فَوَقَفَ النَّبِيُّ ﷺ لِنَاسٍ يُفْتِيهِمْ ، وَأَقْبَلَتْ امْرَأَةٌ مِنْ حَنْعَمَ وَضِيئَةً تَسْتَفْتِي رَسُولَ





اللَّهُ ﷺ فَطَفِقَ الْفَضْلُ يَنْظُرُ إِلَيْهَا ، وَأَعْجَبَهُ حُسْنُهَا ، فَالْتَفَتَ  
 النَّبِيُّ ﷺ وَالْفَضْلُ يَنْظُرُ إِلَيْهَا فَأَخْلَفَ بِيَدِهِ، فَأَخَذَ بِدَقْنِ الْفَضْلِ  
 " ، فَعَدَلَ وَجْهَهُ عَنِ النَّظَرِ إِلَيْهَا

*"Al-Fadl bin `Abbas ﷺ rode behind the Prophet ﷺ as his companion rider on the back portion of his she camel on the Day of Nahr (slaughtering of sacrifice, 10th Dhul-Hijja) and Al-Fadl ﷺ was a handsome man. The Prophet ﷺ stopped to give the people verdicts. In the meantime, a beautiful woman From the tribe of Khath'am came, asking the verdict of Allah's Messenger ﷺ.*

*Al-Fadl ﷺ started looking at her as her beauty attracted him. The Prophet ﷺ looked behind while Al-Fadl ﷺ was looking at her; so the Prophet ﷺ held out his hand backwards and caught the chin of Al-Fadl ﷺ and turned his face (to the owner sides in order that he should not gaze at her"*

Imagine where Hadhrat Fazal ﷺ was sitting?

Right behind Rasool Allah ﷺ! And where were they riding from? The ground of Al-Arafah! He was a Syed, and a companion's son, and with all these great links, he still was unable to control his gaze and the Prophet ﷺ turned his face away with his own hands because it wasn't permitted to look.

Similarly, Hadhrat Ali ﷺ son-in-law of our Holy Prophet ﷺ, narrates that our Holy Prophet (ﷺ) said:

لَا تُتَّبِعِ النَّظْرَةَ النَّظْرَةَ فَإِنَّ لَكَ الْأُولَىٰ وَلَيْسَتْ لَكَ الْآخِرَةَ

*"O Ali, do not follow a glance with another, for you will be forgiven for the first (unintentional), but not for the second."*



(Reported by al-Tirmidhi, 2701; see Saheeh al-Jaami, 7953)

After the three Caliphs, Abu Bakr رضي الله عنه Umar رضي الله عنه and Usman رضي الله عنه is Al-Murtaza Ali رضي الله عنه whose faith is greater than the entire Ummah combined, yet the Messenger

of Allah ﷻ is advising him about the destruction a second glance would bring! Let us take a moment to contemplate our own level of faith and the seeds we are planting by our own actions

## ‘WOMAN’ – SOURCE OF CONFLICT OR CONTENTMENT?

For the sake of our Benevolent Creator, let us all pledge to make our families and our homes a source of contentment by removing the source of all conflict. If we were to battle the adultery of the eye as individuals and collectively as the Ummah, we can stop the ramifications this sin has caused. Otherwise, the consequences will intensify over time.

History teaches us that if the lady of the house is pious and a practicing believer, she is the fountain from where peace and contentment flows. Otherwise, she'll call trials and tribulations for the entire household.

On one hand, our dear Prophet of Allah ﷺ stated:

مَا تَرَكْتُ بَعْدِي فِي النَّاسِ فِتْنَةٌ أَضَرَّ عَلَى الرَّجَالِ مِنَ النِّسَاءِ

**“I have not left a trial after me more harmful to men than women” (Bukhari: 4808, Muslim: 2740)**

As nations before the advent of Islam were eventually





destroyed by a variety of conflicts and disasters, likewise the most dangerous trial for us, as the Ummah of Prophet ﷺ is women.

On the other hand, Prophet of Allah ﷺ stated:

الدُّنْيَا مَتَاعٌ وَ خَيْرُ مَتَاعِ الدُّنْيَا الْمَرْأَةُ الصَّالِحَةُ

**“The world is enjoyment and the best enjoyment in the world is a righteous wife.” (Muslim: 1467)**

Thus, where the Holy Prophet ﷺ exalted virtuous women by giving them a precious status, he also warned that there is no bigger conflict that could arise if women were to go awry and obscene!

## **MAN IS RESPONSIBLE FOR PURGING OUT EVIL IN THE FAMILY**

For a family to thrive in peace and live in a sin-free environment, the responsibility falls first on the shoulders of the man. They must purify their actions and behave righteously so that it is eventually reflected by the entire kin.

Once, a man came to the Holy Prophet ﷺ and told him he was concerned about his family members to which the Holy Prophet ﷺ replied:

عَفُّوا نَعَفُ نِسَاؤُكُمْ

**“Purify yourself first so that your women are purified.”**

Thus, once a man becomes free from the adultery of





the eye, his woman is protected by Allah ﷻ and she too shall behave righteously.

## **NO ANARCHY BUT PAYBACK**

Imam al-Shafi'i رحمته الله chalked out a great lesson: *'If someone tarnishes the dignity and respect of someone's daughter, it is like a loan that will be paid back on their kin.'* Therefore, someone else would pay back the same deed to a woman in his family. There is no anarchy, but as you sow, so shall you reap.

There is another incident mentioned along the same lines. There was a faithful servant who had been working at a jeweler's house for years. He used to serve them water but once, his temptation got the better of him. While serving water to the lady of the house, he grabbed her arm and she cried at his disgusting betrayal of trust. When her husband returned, she told him about the servants' harassment attempt and the husband had tears' in eyes. He told his wife how he had done the same thing earlier that day while adorning bangles on another woman and how God taught him a fair lesson as the same happened in his own house.

## **LET US ABIDE THE LAW OF ADORNING VEIL**

My dear readers, as we conclude, let us remember that the aftermath of this sin is bound to happen, be it immediately, in a few months' or a few years', but it is eventually bound to happen, if the sinner





has not repented. Let us remember that casting our glance unlawfully is a heinous crime indeed, a crime that tarnishes our respect, breaks apart our families and destroys everything we have built. Our Almighty Allah ﷻ has commanded both the believing men and women to safeguard their sight, therefore, let us pledge, for the sake of Allah the Great, to abide the laws set forth. Let us practice the veil of sight and make our homes the fountains of peace and prosperity!

وَ أَخِرُ دَعْوَانَا أَنْ الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ







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