



ETIQUETTES OF DU'A



MAULANA
ABDUL SATTAR *دوست برکاتہم*



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OF **DU'A**



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ABDUL SATTAR *ولست بركاتهم*



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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

كتاب محمد



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الْحَمْدُ لِلَّهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَ
 أَصْحَابِهِ أَجْمَعِينَ أَمَا بَعْدُ إِفَاعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ ﴿٥﴾
 بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿٦﴾

وَقَالَ رَبُّكُمْ ادْعُونِي أَسْتَجِبْ لَكُمْ إِنَّ الَّذِينَ يَسْتَكْبِرُونَ عَنْ
 عِبَادَتِي سَيَدْخُلُونَ جَهَنَّمَ دَاخِرِينَ

(Surah mumin : 60)

وَإِذَا سَأَلَكَ عِبَادِي عَنِّي فَإِنِّي قَرِيبٌ أُجِيبُ دَعْوَةَ الدَّاعِ إِذَا
 دَعَانِ فَلْيَسْتَجِيبُوا لِي وَلْيُؤْمِنُوا بِي لَعَلَّهُمْ يَرْشُدُونَ

(Surah Baqra:186)

عَنِ النَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ "الدُّعَاءُ مُخُّ الْعِبَادَةِ
 صَدَقَ اللَّهُ الْعَظِيمُ

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِ سَيِّدِنَا مُحَمَّدٍ وَبَارِكْ وَسَلِّمْ

The Realities of Worldly Life

My esteemed seniors, respected brothers and valued wives and sisters of the Muslim Ummah!

Rasoolullah ﷺ, in his enlightened teachings, left behind for his people such detailed instructions and explanations that at any stage in life, during any moment of worry or when faced with a problem if we follow these instructions of Rasoolullah ﷺ with complete faith and



belief we would definitely reach our goal safely and attain success quite easily.

This is the world where we will be facing both favorable and unfavorable circumstances. There will be periods of both peace and restlessness; of fulfilled hopes and of crushed dreams. Sometimes all our wishes will be fulfilled while at other times it will seem as though barrier after barrier is blocking our path. A person who at times will appear perfectly content, will at other times appear completely desolate from the weight of his worries. This same world which will sometimes seem like a foreshadow of Heaven, will at other times also appear thorny resembling Hell.

Favour of Rasoolullah ﷺ on his Ummah

Of course, all this is common in this world. However, Allah ﷻ has given us such a beloved role model... Rasoolullah ﷺ that before he passed away he solved all the problems that his Ummah was to face in the future. He left no stone unturned, he left a solution for every problem because he was a kind well-wisher who only wanted the best for his Ummah and was a source of mercy for us. The result of this kindness and mercy was that he didn't want to leave his people, or their future generations, in any kind of problem or worry. Thus, he devised a solution for every problem and the instructions that he gave proved to be very useful. Their results have always been a hundred percent accurate.





The Immediate Benefits of Supplication

My respected people! From among the various solutions given by Rasoolullah ﷺ on dealing with the problems we face in life, a very potent prescription is du'a (supplication).

Dear friends, as Allah ﷻ is my witness, He has opened the doors of His blessings and mercy to those who have learnt the art of asking Him. I am telling you with deep conviction that the one who fulfills the rights of making du'a Allah ﷻ rewards him immediately, rewards him there and then. He instantly feels a sense of wellbeing and his restlessness comes to an end. He feels connected to Allah ﷻ. The example is that of a person who is weighed down by a lot of worries, who can see no way out, suddenly he gets a call from someone powerful, from someone who has the means to put an end to all his worries, he instantly feels relieved and at peace. Similarly, when a person fulfills the rights of du'a my friends, Allah ﷻ grants him with a serene feeling of contentment there and then. He feels as if all the anguish has left his heart whatever the future may hold, his heart is at peace.

Allah ﷻ loves More than A Mother

So my friends! Whatever you have been asking Allah ﷻ it is completely in His means to grant it when and if He wants to, be it instantly, or sometime later, or not at all. He is Al-Hakeem, Ar-Rahman and Ar-Raheem, the Perfectly





Wise, the Most Beneficent and the Most Merciful. His love is more than a mother's love and He knows what is best for His servant. Like a mother who does not grant her child's wish because she knows it will be harmful for him, for his future or for his health, similarly Allah ﷻ also does not grant His servant's wish immediately. He, the All-Wise, then fulfills His servants wish sometimes later, either in this world or the Hereafter. And be assured that what the servant will get in the Hereafter will be so much and so great that he will have no regrets whatsoever.

The Everlasting Blessings in Jannah

Allah ﷻ says in the Holy Quran,

فَلَا تَعْلَمُ نَفْسٌ مَّا أُخْفِيَ لَهُم مِّن قُرَّةِ أَعْيُنٍ

Translation: "So, no one knows that the light of eyes that has been reserved for them in secret."

(Surah As-Sajdah: Verse: 17)

The believer will be awarded so many blessings in Jannah that his eyes will be satiated... blessings which he cannot even imagine while living in this world.

Rasoolullah ﷺ said,

مَا لَا عَيْنٌ رَأَتْ، وَلَا أُذُنٌ سَمِعَتْ، وَلَا خَطَرَ عَلَى قَلْبِ بَشَرٍ

It means that, Allah ﷻ has prepared for His righteous slaves (such excellent things) as no eye has ever seen nor an ear has ever heard nor a human heart can ever think of.





How to Become Close to Allah ﷻ

So my dear friends, one of the prescriptions that Rasoolullah ﷺ has given us for the solution of our problems is to make du'a (supplication). This is not only the best way to ease our problems but the easiest path to get closer to Allah ﷻ too. There is no other easier way to get close to Allah ﷻ than this.

Allah ﷻ is Pleased With Those Who Ask Him

Even the most generous person in this world will get irritated if he is asked for things repeatedly. He will get upset and start avoiding people. One of the unique qualities of our Lord is that He is happy with those who keep on asking Him and becomes angry with those who don't. According to Rasoolullah ﷺ,

“ مَنْ لَمْ يَسْأَلِ اللَّهَ يَغْضَبْ عَلَيْهِ ”

Translation: "Allah is angry with those who don't ask Him."

And Allah ﷻ brings the one who asks Him again and again, closer to Him.

Allah ﷻ states in the Quran,

فَاذْكُرُونِي أَذْكَرْكُمْ

Translation: "So Remember Me, and I will remember you." (Surah Al Baqarah: Verse 152)





So my friends, asking from Allah ﷻ will be rewarded in the fulfillment of your worldly desires as well as with closeness to Allah ﷻ. For a believer, his greatest asset is the closeness of Allah ﷻ. When compared to the nearness of Allah ﷻ what is the value of this world and all its blessings? of Jannah and its countless blessings? of the beauties of Jannah and its hooris? of the joys and pleasures of this mortal world? Nothing! And the key to the nearness of Allah ﷻ, the key to becoming close to Him is to make du'a.

Allah ﷻ feels shy of letting His servant go empty-handed when he has already fulfilled the rights of making da'a. He is Al-Mannan, the Bountiful. He is the one who keeps granting favours and He doesn't even expect His servants to feel indebted to Him for His innumerable blessings. Sometimes, it so happens that a person fulfills the rights of dua' but is still unable to tell Allah ﷻ what is in his heart in so many words, Allah ﷻ still grants his servant's wish as He is also the Generous One.

My friends, it is simply not possible for anyone to beseech Him, to make du'a, without being responded to.

Allah ﷻ Himself says in the Quran,

وَقَالَ رَبُّكُمْ ادْعُونِي أَسْتَجِبْ لَكُمْ

Translation: "Your Lord has said, "Call Me, I will respond to you!"

"(Surah Al Mumin: Verse 69)





Allah ﷻ is proclaiming, 'O people, ask me in the manner I deserve to be asked and I shall grant you what you wish.' Allah ﷻ does not like those who don't ask Him.

My dear friends! We hold out our hands begging others, soliciting humans like ourselves. If only we were to ask and plead in the same way to Him all of our problems would be solved. We cry and lament before others yet were we to weep before Him in Sajdah (prostration), as Allah ﷻ is my witness, we would succeed not only in this world but in the Hereafter too.

Recognizing Allah ﷻ

Allah ﷻ has blessed us Muslims with the best of all religions and the most beloved of all Prophets. This is one of the biggest favours of Allah ﷻ upon us that He has made us Muslims and a Muslim never gets discouraged, a Muslim never gives up hope. Whenever he is in need of something he asks his Lord whose door is always open, who is always there, who never feels drowsy nor falls asleep. When the whole world is asleep, He is awake.

Allah ﷻ says in the Quran,

لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ

Translation: "Neither dozing overtakes Him nor sleep.."

(Surah: Al Baqarah, Verse: 255)





He is 'Al Baseer', (the All Seeing), He is Al-Aleem, the (All-Knowing). He controls everything and He gives fame or humiliation to whomever He chooses.

As mentioned in the Quran,

وَمَنْ يُهِنِ اللَّهُ فَمَا لَهُ مِنْ مُكْرِمٍ

Translation: "And the one whom Allah puts to disgrace, there is none to give him respect " (Surah: Al Hajj, Verse: 18)

In another place the Holy Quran states,

وَإِنْ يَمَسَّكَ اللَّهُ بِضُرٍّ فَلَا كَاشِفَ لَهُ

Translation: "If Allah causes you harm , there is no one to remove it except He Himself."

(Surah: Al Anam, Verse: 17)

Allah ﷻ also says,

وَإِنْ يُرِدْكَ بِخَيْرٍ فَلَا رَادَّ لِفَضْلِهِ

Translation: "And if He intends to bring some good to you , there is none to turn His Grace back.."

(Surah: Younus, Verse 107)

If Allah ﷻ decides to open the doors of His blessings upon someone, if He wants to bless someone with prosperity and well-being, there is no one to prevent Him from doing so.

In yet another place in the Quran, it is stated that,





مَا يَفْتَحُ اللَّهُ لِلنَّاسِ مِنْ رَحْمَةٍ فَلَا مُمْسِكَ لَهَا ۚ وَمَا يُمْسِكُ ۙ فَلَا
مُرْسِلَ لَهُ مِنْ بَعْدِهِ

Translation: "Whatever blessing Allah opens for the people, there is no one to hold it back, and whatever He holds back, there is none to release it thereafter.."

(Surah: Fatir, Verse: 2)

If He opens the doors of His bounty upon someone there is none able to close them and, if on the other hand, He decides to withdraw His munificence from someone, no one can do anything about it. He is Allah ﷻ, verily He is Allah ﷻ and nothing can move without His command.

The End of our Desolation

My friends! Let me tell you that once we establish a connection with Allah ﷻ we will no longer fall prey to misery and depression. The ones who suffer from depression are those who do not know how to ask from Allah ﷻ despite the fact that He has repeatedly drawn their attention to His Mercy in several places of the Quran.

In Surah Yusuf Allah ﷻ says:

وَلَا تَيْئِسُوا مِنْ رَوْحِ اللَّهِ إِنَّهُ لَا يَيْئَسُ مِنْ رَوْحِ اللَّهِ إِلَّا
الْقَوْمُ الْكَافِرُونَ

Translation: "And do not lose hope in the mercy of Allah. In fact only the infidels lose hope in Allah's Mercy." (Surah





Yusuf: Verse 87)

And do not think that Allah ﷻ will not extend His favor and His blessings towards you, as indeed, the ones who think like this are the disbelievers.

He whose connection with Allah ﷻ has been broken, he who does not even recognize Him can be weighed down with worry but a faithful servant of Allah ﷻ can never truly give up hope as he enjoys Allah ﷻ' s support. Thus the secret to a successful life is to pray to Allah ﷻ. Beg Him for whatever you want, whenever you want. Make it a habit to ask Allah ﷻ even while just walking around but we should also pray that all of us may soon learn the correct way of supplicating to Allah ﷻ. For only then will our prayers come true.

The Supplications of Rasoolullah ﷺ

Hazrat Abdullah ibn Abbas رضي الله عنه once asked Rasoolullah ﷺ to tell him of one such supplication which he could recite regularly. Rasoolullah ﷺ told him to recite:

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ

Translation: "O Allah! I ask you for forgiveness and well-being in this world and in the Hereafter."

(Mishkat-al-Masabih)

Indeed, only a Prophet could have made such a du'a! A





mere human being couldn't have done so. Not only this one but Rasoolullah ﷺ has taught his Ummah a large number of other comprehensive du'as as well that are the epitome of perfection. Thus we should be constantly asking Allah ﷻ to give us 'Aafiyah'. "O Allah ﷻ! Bless me with 'Aafiyah' in my health, faith, children, earnings, bless me with Aafiyah in this world, in the Hereafter, in life, in death, in my nights and days."

The Way to Protect our Wealth and Being

Rasoolullah ﷺ once stated:

حَصِّنُوا أَمْوَالَكُمْ بِالزَّكَاةِ، وَدَاوُوا مَرَضَاتِكُمْ بِالصَّدَقَةِ،
وَاسْتَقْبِلُوا أَمْوَاجَ الْبَلَاءِ بِالدُّعَاءِ وَالتَّضَرُّعِ

'By paying zakat, Protect your wealth (from theft, robbery or from getting burnt) and by giving charity treat patients (donate on their behalf). And by Begging and asking Allah ﷻ prevent the path of worries, sickness and calamity.

Who wouldn't like to have good health, wealth and prosperity? Who wouldn't wish for a life free of worries and problems? Everyone wants that and the key to all these has been provided to us by our dear prophet Rasoolullah ﷺ who said, "Make an effort to ask Allah ﷻ for everything." This can be done easily as it does not





need any special effort. You can do it in a state of wudhu or without it; you can do it standing, sitting, walking, anytime and anywhere. Whenever you get a chance to do so start asking Allah ﷻ to fulfill all your wants, to grant you what you desire.

The Rules of Supplication

There are a few etiquettes that we must keep in mind while making du'a for if we do so there is a greater chance of our du'as getting accepted.

- The first etiquette is to ask Allah ﷻ with complete sincerity and conviction. It shouldn't be done to impress upon people one's piety, it shouldn't be done with the intention of gaining popularity, there shouldn't be any deceit in it and it shouldn't be done half-heartedly. A du'a lacking in faith will have little chance of getting accepted.
- Du'a is not the name of words or phrases. It's the emotion behind it which holds significance. Du'a is not reading, it is asking. It is a gift of Allah ﷻ and it is His mercy that whenever we ask Him even halfheartedly, He doesn't turn us away. If a beggar is begging in a manner with his hand out-stretched but his face turned away the giver would never want to give him anything. But it is only Allah ﷻ, in His divine mercy, who is willing to grant us whatever we ask for despite our lack of concentration.





Allah ﷻ may accept our prayer perchance but that is not His rule. We must observe the etiquettes of du'a and the first rule is to ask Allah ﷻ without a semblance of pretence. There must be complete sincerity in your supplications.

Pray With Complete Faith and Belief

The second rule of supplication is to ask with complete certainty and belief that He, whom you are asking, whatever you are asking, He has the complete power and authority to give it to you. Nothing is beyond His power.

Allah ﷻ, the Lord of All Honour says:

وَلِلَّهِ مَا فِي السَّمٰوٰتِ وَمَا فِي الْاَرْضِ ط

(Surah An Nisa: Verse 127)

Translation:

"To Allah belongs what is in the heavens and what is in the earth.."

لَهُ مُلْكُ السَّمٰوٰتِ وَالْاَرْضِ ؕ

Translation: "To Him belongs the Kingdom of the heavens and the earth.."

Surah Al Hadid: Verse 2

وَإِن مِّن شَيْءٍ إِلَّا عِنْدَنَا خَزَائِنُهُ

Translation: "We have Treasures of everything."

(surah hijr : 21)





My friends! It is in our asking that there is a lacking otherwise He owns everything in abundance. In His possession are limitless treasures, treasures of Aafiyah, of ease, of inner peace and contentment, of off-springs, of all that we need. Thus ask from Allah ﷻ with complete faith and confidence that you will receive what you desire.

The third rule of supplication is to ensure that the content of our Du'as is appropriate, i.e., no such thing should be prayed for that is against Islamic teachings or may arouse Allah ﷻ anger.

These three basic and comprehensive rules should be kept in mind while supplicating to Allah ﷻ. Along with these rules, Rasoolullah ﷺ has also directed us to pay attention to certain conditions while supplicating.

The Conditions for the Acceptance of Du'a

The first condition is that the person supplicating must be one who is in the habit of earning his income through halal means. For the acceptance of his supplications it is imperative that the person earns his living according to the rules of Shariah. Hazrat Sa'ad bin abi Waqqas ؓ said to Rasoolullah ﷺ, "O Prophet of Allah ﷻ, I pray to Allah ﷻ but my supplications are not answered." Rasoolullah ﷺ replied,





يَا سَعْدَ اجْتَنِبِ الْحَرَامَ فَإِنَّ كُلَّ بَطْنٍ دَخَلَ فِيهِ لُقْمَةٌ مِنْ حَرَامٍ لَا
يُسْتَجَابُ دُعَاؤُهُ أَرْبَعِينَ يَوْمًا

“O Saad! Avoid haraam, (forbidden in Islam). Verily even if a morsel of haraam enters a person’s stomach, his du’a is not accepted for forty days.”

Avoiding Sins

A pious man once said a very strange thing. He said, “If you start giving up sins Allah ﷻ will stop rejecting your supplications. And if a person wants Allah ﷻ to turn him into one whose supplications He accepts, into one whose supplications are never rejected then he should empty his heart from the very thought of sin. If he does so then there is no reason why his supplications wouldn’t be accepted by Allah ﷻ .

Despite seeming very insignificant, this actually holds a lot of truth. If we really want to be among those people whose prayers are always answered, whose supplications are not rejected by Allah ﷻ then we must cleanse our hearts from the very thought of sins.

A Situation Where Prayers are Accepted

Dear Readers! Let us imagine a person who has the power to commit a sin and there is nothing to stop him from doing so. There is nothing to make him feel





ashamed later on nor does he have any fear of being disgraced in the eyes of people. Then if such a person desists from committing the sin purely out of the fear of Allah ﷻ, at that point in time, whatever he prays for will be immediately granted by Allah ﷻ. According to a Hadith, Rasoolullah ﷺ narrated the story of three young men from Bani Israel who got trapped in a cave. Each of them recalled the good deeds he had done and asked Allah ﷻ to forgive him for its sake, Allah ﷻ delivered them from their predicament and the mouth of the cave opened. Out of the three, the prayer of one of them was as follows:

“O Allah ﷻ! You know of the time when there was nothing to stop me from having my way with my cousin. There was nothing to make me feel ashamed but then she suddenly said, “إتق الله” (fear Allah ﷻ) and don’t do this.” As soon as I heard your name, I let go of her and left that place. O Allah ﷻ! I did so only for the sake of your approval. If my action has found favour in your eyes, then please help us out of this situation.”(Muslim)

Following this du’a, Allah ﷻ removed the rocks from the mouth of the cave and saved the three young men from dying and gave them a second chance of life.

Respected readers, if you want Allah ﷻ not to reject your supplications you must remove all intentions of sin and wrongdoings from your hearts. Cleanse your heart





from all wrong intentions and then you will observe how rapidly your du'as get accepted.

Allah ﷻ Likes People Who Beg Him

There is another thing that has to be kept in mind. Sometimes a small child begs his father for something. The father enjoys his importuning and even tells other people to look at his son, how earnestly he is begging him and how adorable he is looking. Delighting in his child's entreaties, the father doesn't immediately fulfill his wish. This does not mean that the father doesn't love his child, that he is not kind to him, no indeed. His refusal is actually a unique way of showing his affection. Not only does he enjoy his child's entreaties himself but wants others look at his child too. My dear readers, sometimes, for some people, the same is the case with Allah ﷻ. He loves it when someone prays to Him. He points out to His angels how endearingly His servant is begging Him and how He wishes for him to continue doing so. That is why He doesn't give him what he wants immediately.

O my dear readers, a servant of Allah ﷻ prays to Him, his prayers don't seem to be accepted but he continues praying for what he wants. This is a sign that Allah ﷻ has accepted all of his previous supplications. He has been given the ability to continue praying. Had his previous entreaties not been accepted he wouldn't have been





given the chance to pray again.

The Various Forms of Acceptance of Supplications

It is not like Allah ﷻ to reject a servant's prayers. He accepts all the supplications of his servants but because He is the Absolute Judge, He shows his acceptance in different ways.

- The first form is when Allah ﷻ gives His servant exactly what he is asking for.
- The second form is when, in exchange for His servant's du'a, Allah ﷻ removes the problems and worries that he might have to face in the future.
- The third form is when Allah ﷻ really likes how his servant is praying to Him, so much so that He wants him to continue praying and He keeps giving him "ajr" for it instead of granting him what he desires. When on the Day of Judgment that servant will enter Allah ﷻ's court, he will be shown the heaps of all the good deeds he collected in this world. He will exclaim that he did not actually perform some of them to which Allah ﷻ will reply that when you supplicated to me during your time on earth you thought that some of your supplications weren't accepted but the fact is that I accepted all your du'as and all of these extra good deeds are in lieu of them. The prophet ﷺ said:





“Seeing this, the servant will wish that not a single prayer of mine would have been accepted in this world and I would have got the reward for all my prayers here”

Supplicate with Sincerity

One condition for the acceptance of supplications which is taught to us in the Holy Quran, is that du'a should be made with a certain condition of the heart as technically, du'a is really a state one goes through, it is not words, nor phrases. Now, what is this state you might wonder. Allah ﷻ says in the Quran,

أَمَّنْ يُجِيبُ الْمُضْطَرَّ إِذَا دَعَاهُ

Translation: “Or the One who responds to a helpless person when He prays to Him.?”

(Surah Al Naml: Verse 62)

Du'a should be made in a state of complete helplessness, restlessness and desperation.

Have Faith that your Prayers will be Answered

The one making the supplication must pray with complete faith and belief that Allah ﷻ will accept and answer his prayers because to those who have doubts as to whether their prayers will be accepted or not, Allah ﷻ says,

أَنَا عِنْدَ ظَنِّ عَبْدِي بِي





Translation: "I am to my servant as he thinks of Me. (Bukhari)"

Hajaj bin Yousuf was once performing Tawaf around the Ka'bah when he saw a blind man also performing Tawaf all the while saying, "O Allah ﷻ! Please return my eyesight to me, please return my eyesight to me."

Hajaj bin Yousuf had already encircled the Ka'bah thrice and he said to the blind man, "If your sight hasn't returned by the time I complete the remaining four tawaf, I will cut off your head." The blind man was worried about his eyesight first, now his very life was threatened. Hajaj bin Yousuf was known to be a cruel man and beheading someone was very easy for him. The blind man now started crying and begging Allah ﷻ with such humility and desperation that before Hajaj bin Yousuf had completed his tawaf Allah ﷻ had returned the man's eyesight to him.

Don't fall Prey to the Aamils

O my dear Muslims, when someone fulfills all the conditions of supplication and makes du'a like he has been instructed to, Allah ﷻ surely grants him whatever he is asking for. Then he doesn't need to go to magicians, palm readers and Aamils (faith-healers) for the solutions to his worries, for the end to his problems. Dear friends, the one who is not in the habit of supplicating to Allah ﷻ can very easily be caught and led astray by such Aamils.





Such a person not only damages his faith at the hands of such fraudulent people but loses his wealth also. Once he gets caught up with this type of people it is very hard for him to escape their clutches and thus the rest of his life is spent in going from one person to another to help him solve his problems rather than turning to Allah ﷻ. He is so busy in running from pillar to post that he completely forgets that Allah ﷻ has given him a solution too... and that is to turn to Him and ask Him for help instead of running after such people.

Supplication Is a Constant Form of Worship

My dear friends! It must be understood that du'a isn't a fixed part of any specific act of worship. It is not necessary to supplicate only after salah. There's no particular time or place when it can be performed. It is, in fact, a constant form of worship much like reciting the Quran, performing Nafil (voluntary) prayers, performing Hajj, fasting and giving charity. Whenever one gets the chance to do so, he should supplicate to his Lord. Give it a try, practice doing this for a week and you will notice a change in yourself, in your very lifestyle and besides that you will also establish a closer relationship with Allah ﷻ. Therefore, my friends, we should make du'a keeping in mind all the necessary conditions, the special state of mind and heart and with the staunch belief that, O Allah ﷻ, there is none except





you who can solve my problems, who can forgive my sins.

Someone very accurately said,

“Ya Allah ﷻ, I am present before you, I admit my wrongdoings, I am a self-confessed criminal, forgive me for only you are worthy of it, if you do not forgive me who can do so, where will I go?”

Beg Allah ﷻ with deep agitation and anxiousness and then watch Him shower you with His blessings.

The One who supplicates is Successful

My friends, the one who has learnt the art of entreating, of begging Allah ﷻ he shall never be deprived. So when you are present before Him, ask Him with anxiety, with certainty, with deep trust, with full faith and then, at the same time also keep in mind that He is also the Wise, the All-Knowing. Tell yourself that even if my entire life is spent in asking Him and He doesn't give me a single thing in return, I am still successful. An example of this is when the Prophet Musa ﷺ prayed to Allah ﷻ to destroy his enemy, the Pharaoh, the signs of this happening did not become apparent until forty years later. This was despite him being a Prophet. So my friends, don't give up supplicating, don't give up hope, it's just a matter of time.

In our present times in particular, in the conditions we are living in it is even more necessary to pray to Allah ﷻ. Practically every person is facing some difficulty or the





other and on the verge of giving up hope. Hopelessness seems to be rampant. Is there anyone who can claim that my life is passing by very peacefully, is there anyone who can say that there are no sorrows in my life, is there anyone who can say that I have no worries? Such a person doesn't seem to exist. Everyone is found saying that there is no peace in our lives, our lives are full of sorrows, our worries seem to have no end and this is exactly why we should use the prescribed cure given to us by Allah ﷻ du'a. Make it a habit of asking, of begging Allah ﷻ and as a result, be sure, that life in this world will be a happy one and the life in the Hereafter will be a blessed one too.

The Teachings of Rasoolullah ﷺ

Rasoolullah ﷺ, beside his innumerable favours upon his Ummah, has also left us with a plan to make us accustomed to supplicating to Allah ﷻ, as there is no situation for which he did not teach us some du'a. For example, the du'as for eating and drinking, the du'a before sleeping, the one to be read after waking up in the morning, all these have been taught to us. There are the du'as to be recited on leaving one's home, on entering it, the du'a for boarding a vehicle, the du'a for travelling, the du'a for entering the washroom... there is no situation for which he has not taught us a du'a. We have been instructed to ask Allah ﷻ for big things as





well as small. Even if something as trivial as a shoelace breaks he has told us to ask Allah ﷻ for its replacement. This will not only improve our relationship with Allah ﷻ but also increase His love for us.

When someone shares a relationship with another person he tells him everything. He shares all his sorrows with him. Same is the case with Allah ﷻ. If we establish such a relationship with Allah ﷻ, disclose to Him all our worries and hopes, ask only Him and no one else then He responds by bringing us even closer to Himself.

Supplicate Like a Beggar

Have you ever seen a beggar? He is the epitome of desperation and hopelessness. His clothes have innumerable patches, he calls out in a wretched voice and he holds out his hand in such a way that one can easily tell that he is begging for something. My friends, if a worshipper also supplicates in such a manner that reflects that he is asking someone for something then his du'a is definitely going to be accepted too. Hazrat Abu Bakr Siddique ؓ would often say, "When asking Allah ﷻ ask Him with complete humility, ask Him with tears flowing from your eyes. If a person can't cry then at least he should make a face as if he is crying."

Crying intentionally is not something that one can make himself do, however, one can at least mimic a person who is crying. Pucker up your face, look as if you are about





to burst into tears, so much so that it becomes apparent that you are begging Allah ﷻ for something. Slowly also increase the length of time that you spend immersed in supplications. Spend ten minutes, then fifteen, then twenty and then half an hour and so on supplicating, entreating, begging Allah ﷻ for this is the way you will improve your relationship with Him too.

Not Praying to Allah ﷻ is a sign of Arrogance

We should also keep in mind that Allah ﷻ gets angry with those who don't supplicate to Him for that is a sign of arrogance. A lot of people never raise their hands to Him out of pride and this severely displeases Him. This is why we should always be in a state of helplessness, humbleness, submissiveness before Allah ﷻ. He says,

يَا أَيُّهَا النَّاسُ أَنْتُمُ الْفُقَرَاءُ إِلَى اللَّهِ

(Surah Fatir: Verse 15)

Translation: "Oh men, you are the ones who need Allah. ﷻ."

Dear friends, we should make this a habit in our lives... we should tell our children to ask Allah ﷻ as often as we can, we should tell our wives to entreat Allah ﷻ as frequently as possible and then we can sit back and witness the countless blessings that make their way into our homes. Not only that but our various difficulties, our countless worries will come to an end too.





The Responsibility of Women

Something that I would like to point out to all my female readers is that if a woman wishes for her husband to earn his income in a Halaal (acceptable) way, it can certainly happen. She should tell him that I am willing to live a simple life rather than letting Haraam (the unacceptable) enter my household, I am willing to forego the luxuries of life simply so that my children will not be fed through Haraam sources, I will prefer marrying my daughter into a home built on Halal income even if it's just a small hut. A woman can only do this if she decides that I will willingly go as far as adopting a simplistic lifestyle if it means that it is provided for in a completely Halaal manner. I will bear the difficulties of life with a smile, I will be content with a little, I will adopt frugality but I will not let food provided through a Haraam source become a part of my children's bodies. Such an attitude will relieve her husband too as the only reason a man fails to draw a line between Halaal and Haraam is because he is worried about not being able to provide enough for his family. Therefore if he has the reassurance that whatever he earns will be good enough for his wife he will not be tempted to earn through means that are forbidden in Islam.

Pray for all Mankind

In moments of solitude, with complete humility, quietly, softly, supplicate to Allah ﷻ. First ask for yourself and





your parents, then for your family, then for your relatives, your teachers and acquaintances and finally for the Muslim Ummah, i.e. for all the Muslims around the world. In the Quran, Allah ﷻ has taught us certain du'as to be recited for both ourselves and our Muslim brothers and sisters everywhere. One of them is:

رَبَّنَا اغْفِرْ لَنَا وَلِإِخْوَانِنَا الَّذِينَ سَبَقُونَا بِالْإِيمَانِ

Translation: "Our Lord, forgive us and those of our brothers who preceded us in faith."

(Surah Al Hashr: Verse 10)

Yet another one is:

رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ

Translation: "Our Lord, forgive me and my parents and all believers on the day when reckoning shall take place"

(Surah Ibrahim: Verse 41)

Ask for yourself first because you are more in need. Express your wants, your indigence, your helplessness and then ask for the rest of mankind because that is their right upon you too.

May Allah ﷻ give both you and me the ability to disseminate, listen and practice upon what has been said. (Aameen)





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